

LISTEN TO THE RADIO.
WRITE A LETTER. SHOOT SOME
HOOPS. PAINT A PICTURE.
PLANT A GARDEN.
READ A BOOK. VOLUNTEER.
READ TO SOMEONE ELSE.
GO SWIMMING.
MAKE A PUPPET SHOW.
REDECORATE YOUR HOUSE.
MAKE COOKIES. PLAY TAG.
HAVE A GARAGE SALE.
FLY A KITE. GO FOR A HIKE.
PLAY CARDS. MAKE A FORT.
HAVE A DANCE PARTY.
START A ROCK BAND.
BIKE RIDE. WRITE A PLAY.
VISIT THE ZOO.

**WHAT ARE YOU DOING FOR
NATIONAL SCREEN-FREE WEEK?**



MAY 3 - 9, 2021
SCREENFREE.ORG