



Touch-Free, Screen-Free Summer Games

These classic summer field games can be played from 6 feet away, with no equipment-sharing required!

- HIDE n' SEEK
- DISC GOLF*
- HOP SCOTCH*
- STREET HOCKEY/ SOCCER SHOOTOUT*
- H.O.R.S.E.*
- FLASHLIGHT TAG*
- MARBLES*
- BUBBLE BLOWING
- HULA HOOP CONTEST*
- FORT-BUILDING
- JUMP ROPE GAMES*
- NET/BUCKET CATCH*
- SPRINKLER PLAY
- BIKE/SCOOTER/ SKATEBOARD/etc.
- DANCE PARTY!

*use your own ball/stick/rock/etc.

NOTE

Remember to follow your area's health & safety recommendations for social & outdoor activities, as well as any advice from your healthcare provider regarding you and your children's individual health situations.

1

WATER LIMBO

How low can you go? Take turns as one person holds the hose and others bend backwards to try to get under without getting sprayed. Wash off the hose before trading roles.

3

SCAVENGER HUNT

Set up a scavenger hunt for your friends and neighbors! You can hide sanitized items and send them clues, or task them with finding things in nature, like "a cool rock" or a "a leaf with three points." Ask them to draw or take photos of their finds!

5

RACING

Whether it's a classic foot race or a somersault-while-wearing-a-funny-hat race, races of all sorts can be done 6 ft apart. Sack races, egg & spoon races, crab walk races...the possibilities are endless!

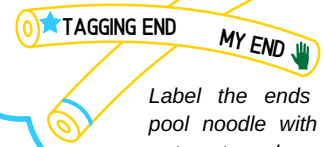
KEEP THE SUMMER VIBES FLOWING WITH THESE FUN, NO-TOUCH GAMES FOR OUTDOOR SUMMER GOODNESS!

2

POOL NOODLE TAG

Bring your own pool noodle for this fun, distanced version of tag, where the person who is "it" has a pool noodle to use for tagging. Pool noodles also work for a distanced group of duck-duck-goose, red light/green light, and sharks n' minnows style games.

TIP



Label the ends of your pool noodle with stickers or tape to make sure you're only touching one end!

4

OBSTACLE COURSES

Summer camps are infamous for their obstacle courses. Make your own this summer and challenge your friends to complete it. For a hands-free version, try jumping over sticks, rolling through hula hoops, going uphill backwards, and balancing on logs.

For more activity ideas:
www.screenfree.org